

## THE BIG IDEA

- It's difficult to solve a problem when you don't understand what's wrong to begin with.

## GET STARTED

- Have you ever read a self-help book in order to change a behavior or break a bad habit? What was the result?

## DISCUSSION QUESTIONS

*How deep do you want to take your Group? Choose from these questions to lead your discussion.*

1. Read Romans 7:15–19. In what ways do you see Paul's dilemma in other people's behavior? Your own behavior?
2. What are some things people do in order to justify not living up to the standards they set for themselves?
3. Is the idea that sin isn't just a verb (something you do), but a noun (something you're born into) new to you? How does the idea of sin as a noun change the way you view your own behavior?
4. Do you tend to try to be a better version of a person born in Adam or are you learning to allow Jesus to live through you? Explain.
5. Is there something you need to start or stop doing, but you just haven't been able to do it? How might your life be different if you were successful in conquering that sin? What can the members of this group do to support you?
6. Take turns reading Romans 5:6-21- underline or note every time Paul says much more or much better. What does this indicate about God's work in the world? Explain
7. How is Jesus like Adam? How is he different? Why do you think Paul emphasizes that it is a "free gift?"
8. From Romans 5:12-21. What main ideas and key verses would you want to share to witness to someone that is not a believer.
9. In what ways does today's passage encourage you? In what areas of your life does it convict you?

## FOR FURTHER READING

- Romans 5:1-5, Romans 4:9-12 (Paul speaks about salvation not just for Jews)
- Memory verse: Romans 1:16- "For I am not ashamed of the Gospel of Christ, for it is the power of God to the salvation for everyone who believes, for the Jew first and also for the Greek."
- Leaders say the verse FIRST then open up to group BRING CANDY/PRIZES
- Follow up the next week to see if they did!